

FLUORIDATED POST CODES AREAS OF THE UK

Part 1: English Areas With Artificial fluoridation

Health Authority area	% of population with fluoridated water supply
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WEST MIDLANDS	
Burntwood, Lichfield & Tamworth PCT	100
Cannock Chase PCT	100
Castle & Beacon PCT	100
Coventry PCT	85
Dudley South PCT	61
East Birmingham PCT	100
East Staffordshire PCT	100
Heart of Birmingham PCT	100
North Birmingham PCT	100
North Warwickshire PCT	100
Oldbury & Smethwick PCT	100
Redditch & Bromsgrove PCT	91
Rowley Regis & Tipton PCT	100
Rugby PCT	100
Solihull PCT	100
South Birmingham PCT	100
South Warwickshire PCT	68
South West Staffordshire PCT	53
South Worcestershire PCT	32
Walsall Area PCT	100
Wednesbury & West Bromwich PCT	100
Wolverhampton City PCT	100

EAST OF ENGLAND	
Bedford PCT	100

YORKSHIRE & HUMBER	
North Lincolnshire PCT	75

EAST MIDLANDS	
Ashfield PCT	100
Bassetlaw PCT	100
Mansfield PCT	100
West Lincolnshire PCT	100

NORTH EAST	
Gateshead PCT	Virtually 100
Hartlepool PCT (Natural calcium fluoride)	100
Newcastle PCT	100
North Tyneside PCT	50 fluoridated, 50 variable/low

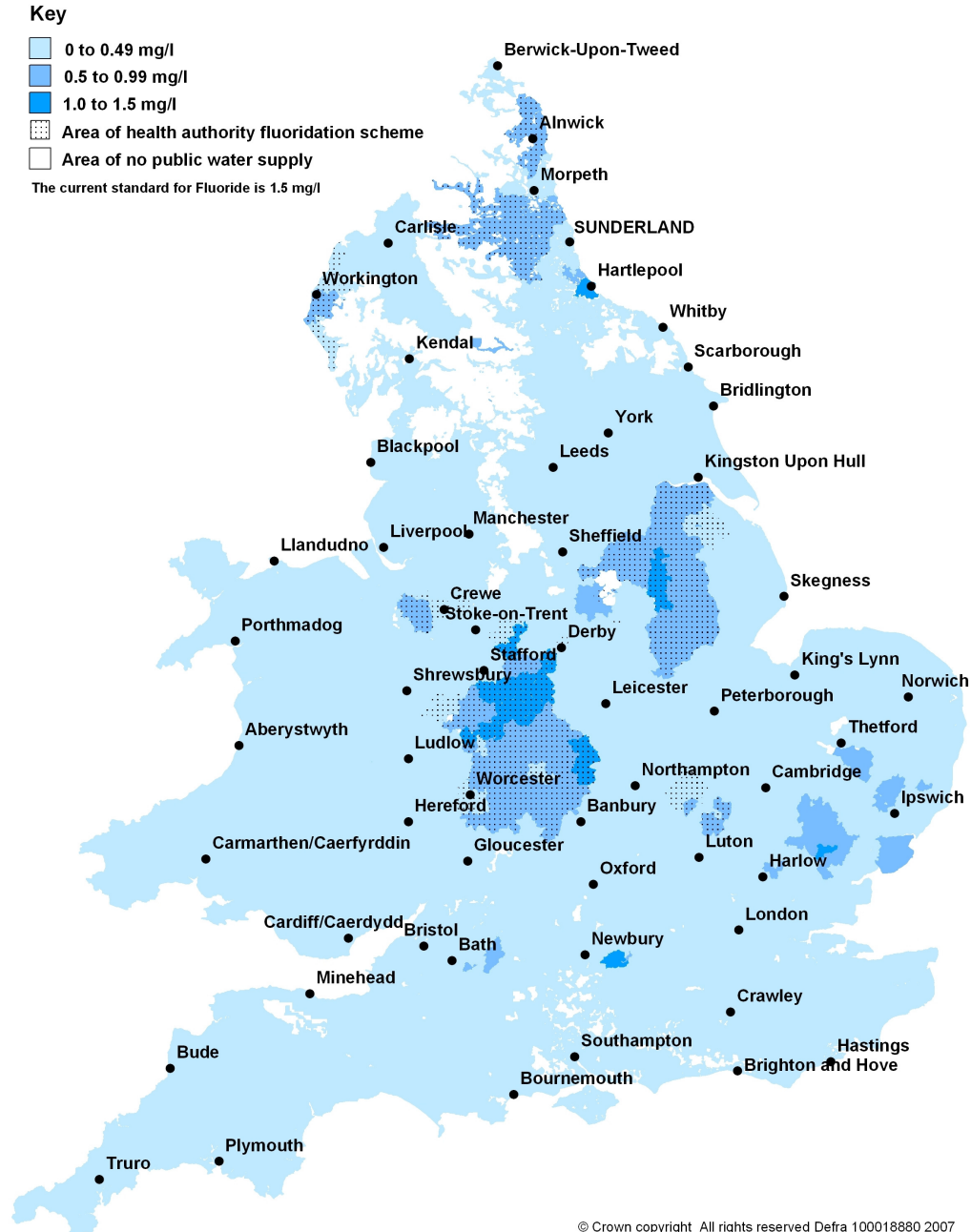
NORTH WEST	
Central Cheshire PCT	52
West Cumbria PCT	100

Source: Dept of Health

BBC. 5th February 2008
<http://news.bbc.co.uk/1/hi/health/7228586.stm>

Part 2

Average fluoride levels in zones for 2004 to 2006



Part 3

The Fluoridated Areas of England

Adapted from Groves, Barry (2001), *Fluoride: Drinking Ourselves to Death*. Dublin: Gill & Macmillan, pp. 294-6. (Permission granted by the author to use and adapt this material.) http://www.second-opinions.co.uk/fluoride_book.html

Naturally fluoridated areas with more than 0.5ppm fluorspar (calcium fluoride CaF_2)

Durham	DH1, DH2; parts of DH6
Essex	CO1-CO6, CO8-CO10
Lincolnshire	Parts of LN13
Peterborough	PE2, PE4
Suffolk	IP1-IP8, IP13-IP14, IP28-IP30, IP33
Tees-side	TS27-TS28
Tyneside	NE25-NE26, NE29, parts of NE30

Artificially fluoridated areas with between 1ppm-1.5ppm combined hexafluorosilicic acid (H_2SiF_6) and fluorspar (CaF_2)

Bedford	MK40, MK43-45. Fluoridation temporarily ceased 2009 – 2015. Currently not fluoridated but efforts are being by PHE to restart dosing the water.
Berkshire	RG1, RG4-RG6, RG40-RG41. Needs confirmation.
Birmingham	B6-B11, B13-B21, B23-B34, B37, B40, B42, B45, B60-B62, B65-B71; parts of Central Birmingham and parts of B36, B38, B43, B44, B46, B47, B63, B64, B90, B92, B97
Buckinghamshire	Parts of SG18-SG19. Needs confirmation
Coventry	CV1-CV6, CV10-CV11; parts of CV7, CV8, CV9, CV12 and CV13
Crewe	CW2, CW5-CW7, CW12, CW17; parts of CW1
Cumbria	CA24-CA25, CA27-CA28
Derbyshire	DE13-DE15
Doncaster	DN15-DN16, DN18-DN21, DN38-DN40; parts of DN9-DN10, DN17, DN22, DN31, DN37
Dudley	Parts of DY6, DY9-DY10
Durham	DH2, DH7-DH9; parts of DH15
Lancaster	Parts of LA19. Needs confirmation.
Leicestershire	Parts of LE10, LE18
Lincolnshire	LN1-LN2, LN4-LN7
Milton Keynes and Olney	MK17, MK46. Needs confirmation.
Nottinghamshire	NG18-NG20; parts of NG17, NG21-NG24, NG31-NG32, NG34

Oxfordshire	Parts of OX9 (Belongs to Thames Water which does not fluoridate) ? OX15 and OX17 are supplied by Severn Trent and may be fluoridated?
Sheffield	Parts of S80. 56,000 people south of Sheffield are artificially fluoridated at 0.42-0.46 ppm.
Shrewsbury	Parts of SY13, SY14 – These are Cheshire West areas. Needs confirmation.
Stoke	Parts of ST7, ST8
Tyneside	NE1-NE6, NE8, NE12, NE15-NE18, NE21, NE23, NE25-NE27, NE39, NE42-NE43, NE45-NE46; parts of NE9-NE11, NE13, NE19, NE20, NE24, NE28, NE44, NE46-NE48, NE65
Walsall and Wolverhampton	WV2-WV3, WV13-WV14; parts of WV6-WV8
Warwickshire	Most of Warwickshire is now fluoridated
Worcestershire	Parts of WR7, WR9-WR11

For residents in the Republic of Ireland, approach *Irish Water* for up-to-date information on fluoridated areas.

Scotland, Wales, Northern Ireland and the Isle of Man are not fluoridated.

Severn Trent Customers:

In cases of uncertainty, type your post code into Severn Trent's Water Quality page. <https://www.stwater.co.uk/my-supplies/my-water-supply/water-quality-in-your-area/>

When a short report appears, scroll down the page in order to read off the Fluoride entry. Anything less than 0.4 will be natural fluoride or artificial fluoride may be present in the water supply because of its presence in drinking water 'further upstream'. An average of approx. 0.8 mg will indicate artificial fluoridation. A more comprehensive report can be found below the short report as a .pdf spreadsheet.

For other English water companies, accessing a water quality report using a post code in their area is less straightforward and it's a case of trial and error.

The English fluoridating water companies are: Severn Trent, United Utilities, Anglian Water, Northumbrian Water and South Staffordshire Water.

Part 4: DETAILED LIST OF FLUORIDATED POST CODE AREAS

<div>Denotes that the entire postal code area is artificially fluoridated</div> <div>Denotes that part of the postal code area is artificially fluoridated</div> <div>Denotes that the area is naturally fluoridated</div> <div>Denotes that part of the naturally fluoridated area is fluoridated</div>			
First letters of the postal code	Entire postal code	Partially fluoridated	Name
B	B1	Yes	Central Birmingham Birmingham – greater
	B6		
	B7		
	B8		
	B9		
	B10		
	B11		
	B13		
	B14		
	B15		
	B16		
	B17		
	B18		
	B19		
	B20		
	B21		
	B23		
	B24		
	B25		
	B26		
	B27		
	B28		
	B29		
	B30		
	B31		
	B32		
	B33		
	B34		
	B36	Yes	
	B37	Yes	
	B38		
	B40	Yes	
	B42		
B43			
B44	Yes		
B45	Yes		
B46			
B47			
B60	0.67 ?		
B61			

Denotes that the entire postal code area is artificially fluoridated
 Denotes that part of the postal code area is artificially fluoridated

Denotes that the area is naturally fluoridated

Denotes that part of the naturally fluoridated area is fluoridated

First letters of the postal code	Entire postal code	Partially fluoridated	Name
	B62 B63 B64 B65 B66 B67 B68 B69 B70 B71 B90 B92 B97	Yes Yes Yes Yes Yes	
CA	CA24 CA25 CA27 CA28		Cumbria
CO	CO1 CO2 CO3 CO4 CO5 CO6 CO8 CO9 CO10		Essex
CV	CV1 CV2 CV3 CV4 CV5 CV6 CV7 CV8 CV9 CV10 CV11 CV12 CV13	 Yes Yes Yes Yes Yes	Coventry, Nuneaton, Bedworth Kenilworth

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First letters of the postal code	Entire postal code	Partially fluoridated	Name
CW	CW1 CW2 CW5 CW6 CW7 CW12 CW17	Yes Yes Yes Yes Yes Yes Yes	Crewe
DE	DE13 DE14 DE15		Derbyshire
DH	DH1 DH2 DH6 DH7 DH8 DH9 DH15	Yes Yes Yes Yes	? Artificial or natural ? Artificial or natural Durham
DN	DN9 DN10 DN15 DN16 DN17 DN18 DN19 DN20 DN21 DN22 DN31 DN37 DN38 DN39 DN40	Yes Yes Yes Yes Yes Yes	Doncaster
DY	DY6 DY9 DY10	Yes Yes Yes	Dudley
IP	IP1 IP2 IP3 IP4 IP5 IP6 IP7		Suffolk

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First letters of the postal code	Entire postal code	Partially fluoridated	Name
	IP8 IP13 IP14 IP28 IP29 IP30 IP33		
LE	LE10 LE18	Yes Yes	Leicestershire
LN	LN1 LN2 LN4 LN5 LN6 LN7 LN13	Yes	Lincolnshire
MK	MK17 MK40 MK43 MK44 MK45 MK46		Bedford Milton Keynes Bedford Bedford Bedford Olney
NE	NE1 NE2 NE3 NE4 NE5 NE6 NE8 NE9 NE10 NE11 NE12 NE13 NE15 NE16 NE17 NE18 NE19 NE20 NE21 NE23	Yes Yes Yes Yes Yes Yes	Tyneside, Northumbria

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First letters of the postal code	Entire postal code	Partially fluoridated	Name
	NE24 NE25 ? NE26 ? NE27 NE28 NE29 NE30 NE39 NE42 NE43 NE44 NE45 NE46 ? NE47 NE48 NE65	Yes Yes Yes Yes Yes Yes Yes Yes	? Artifical or natural ? Artifical or natural ? Entirely or partial
NG	NG17 NG18 NG19 NG20 NG21 NG22 NG23 NG24 NG31 NG32 NG34	Yes Yes Yes Yes Yes Yes Yes Yes	Nottinghamshire Ashfield x 2 Stanton Hill Skegby Mansfield Mansfield Woodhouse Mansfield Shirebook and Market Worsop Rainworth Clipstone Edwinstowe Newark-on-Trent Newark-on-Trent Newark-on-Trent Grantham Grantham Croxton Kerrial Sedgebrook Sleaford
OX	OX9 OX15 and OX17 ??	Yes	Oxfordshire 1.34ppm natural These two post codes are supplied by Severn Trent and may therefore be fluoridated
PE	PE2 PE4		Peterborough

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First letters of the postal code	Entire postal code	Partially fluoridated	Name
RG	RG1 RG4 RG5 RG6 RG40 RG41		Berkshire
S	S80	Yes	Sheffield. + 56,000 people south of Sheffield are artificially fluoridated without their knowledge.
SG	SG18 SG19	Yes Yes	Buckinghamshire. Needs confirmation
ST	ST7 ST8	Yes Yes	Stoke
SY	SY13 SY14	Yes Yes	These are Cheshire West postcodes and some are fluoridated
TS	TS27 TS28		Tees-side
WR	WR7 WR9 WR10 WR11	Yes Yes Yes Yes	Worcestershire
WV	WV2 WV3 WV6 WV7 WV8 WV13 WV14	Yes Yes Yes	Walsall and Wolverhampton
Warwickshire	These are CV post codes	Parts	68% of South Warwickshire is fluoridated.